



Date: _____

PATIENT MEDICAL HISTORY

Name (Last) _____ (First) _____ (M) _____

Email _____

Address _____ City _____ State _____ Zip _____

Home _____ Cell _____ Work _____

Place of Employment _____ Occupation _____

Date of Birth _____ Age _____ Sex: F M

Medical Problems _____

Medications _____

(Females) How many pregnancies? _____ Date of last cycle: _____

Are you allergic to anything? _____

Have you ever had any of the following? (Circle Yes or No)

Alcoholism	No	Yes		High Cholesterol	No	Yes		Any Other Disease
Anemia	No	Yes		HIV Positive	No	Yes		
Asthma	No	Yes		Kidney Conditions	No	Yes		
Blood Clot	No	Yes		Migraines	No	Yes		
Cancer	No	Yes		Pituitary Disorder	No	Yes		Previous Surgeries
Diabetes	No	Yes		Premenstrual Disorder	No	Yes		
Dizziness	No	Yes		Prostate Problems	No	Yes		
Emotional Disorder	No	Yes		Seizures	No	Yes		
Gallstones	No	Yes		Skin Condition	No	Yes		Allergies (Food & Drug)
Gout	No	Yes		Stroke	No	Yes		
Heart Burn	No	Yes		Thyroid Condition	No	Yes		
Heart Disease	No	Yes		Tuberculosis	No	Yes		
Hepatitis	No	Yes		Tumors	No	Yes		
High Blood Pressure	No	Yes		Ulcers	No	Yes		



B12 Lipotropic Shot & B12 MaQx Shot

Consent Form

A New You Health and Wellness uses pharmaceutical B12 Lipotropic and B12 MaQx combination. Clinically proven to help accelerate metabolism and burn fat. They are used to enhance your current weight loss efforts i.e. following: 1 healthy diet plan, drinking plenty of water, and exercising.

How do B12 Lipotropic injections work? Lipotropic is a fancy word for three amino acids (methionine, inositol, and choline) essential for the health of your liver. Your liver is the organ responsible for removing fat and toxins from your body, so if it is healthier, it will work better for you. B12 can give you an energy boost, which helps you to burn calories. The amino acids in the B12 Lipotropic shots are compounds that enhance liver function and increase the flow of fats and bile from the liver and gallbladder. By definition, a Lipotropic substance decreases the deposit, or speeds up the removal of fat within the liver. The key amino acids "Lipotropic" used to make these shots are:

B12 Lipotropic injections include;

B1, B2, B3, B5, B6, B12, and Vitamin C

Vitamin B12 (Hydroxocobalamin) is essential for helping to form new, healthy cells in the body. It also boosts energy, helping to increase activity levels.

Choline supports the health of the liver in its processing and excretion of chemical waste products within the body. Moreover, it is required for the transport and metabolism of the endocrine, cardiovascular and liver systems.

Methionine, an amino acid important for many bodily functions. It acts as a lipotropic agent to prevent excess fat buildup in the liver and the body, is helpful in relieving, or preventing fatigue and may be useful in some cases of allergy because it reduces histamine release.

Inositol, a nutrient belonging to the B vitamin complex. It is closely associated with choline. It aids in the metabolism of fats and helps reduce blood cholesterol. Inositol participates in action of serotonin, a neurotransmitter known to control mood and appetite.

B12 MaQx injections include;

All the above plus

MaQx is formulated to boost metabolism and increase cellular energy (ATP). It is an all-natural substance that is an intermediate in cellular metabolism. It is also a key component in certain reactions necessary for proper fat and carbohydrate metabolism. Research has indicated that low levels of ATP may predispose people to be overweight and suffer from loss of energy.

Acetyl L-Carnitine an amino acid (a building block for proteins) that is naturally produced in the body. It helps the body produce energy, carries fatty acids into the cell so they can be burned as fuel, and assists in the reduction of belly fat.



Acknowledgement and Informed Consent

- 1) The nature and purpose of the injection, possible alternative methods of treatment, risks involved, possible consequences, and the possibility of complications have been explained to me.
- 2) Each patient responds differently to medicine and may respond differently from one treatment to the next. As with all medicines, results are temporary, and regular dosing is necessary. The length of time the injectable medication lasts varies in each patient. No guarantee can be made regarding the result or length of time it lasts.
- 3) I understand that there are some risks with any treatment. The following is the list of possible risks with injection: pain or bruising of the skin injection site, scarring of the skin [unlikely], and possible skin infection - a possibility any time the skin is broken, even with sterile needles.
- 4) I have been given the opportunity to have all my questions answered.


Refund Policy

- 1) Once any prescription has left the office, they cannot be returned for a refund.
- 2) There will not be a refund for HCG or B12 shot unless there is a notice from a doctor stating that continuing to use these medications can be harmful to you.
- 3) All HCG and B12 prescriptions expire 3 months after date of purchase.

I, _____ have read and understand the ingredients of the injection being administered to me, and I consent to treatment.

Signature

Date

 Patient Information Form		Patient: _____ Date: _____	
B12 Usage: B12 Lipotropic: _____ B12 MaQx: _____			
Using B12 for: (Check All that apply)		YES	NO
• Increased Energy			
• Increase Metabolism			
• Lose Weight			
• Decrease Cholesterol			
WEIGHT MANAGEMENT			
Need to Lose Weight Yes _____ No _____		How many pounds do you want to lose? _____	
Caused by Medical Issue? Yes _____ No _____		Medical Issue: _____	
Past Weight Loss Programs:		Why Didn't work: _____	
Requirements for a Weight Loss Program		YES	NO
Lose 3-5 Pounds per week			
No Hunger during weight loss program			
Medically supervised			
No or Minimal exercise			
Eat real food			
Easy to follow when travelling			
Lose fat - Not Muscle			
Maintenance Program to help keep weight off.			
SKINCARE			
Current Problem or Concern		YES	NO
• Age spots or premature aging			
• Fine lines or wrinkles or dry skin			
• Uneven pigmentation or Dull skin tone			
• Expression lines and Lip lines			
• Blemish prone, Oily or Combination skin			
• Enlarged or Congested pores			